



**MONSOUR COUNSELING
AND PSYCHOLOGICAL
SERVICES (909) 621-8202**

On-Campus Crisis:

Monsour offers 24/7 crisis services.

8:30am-5pm during weekdays- Call Monsour to speak with
or schedule an appointment with the therapist on call.

After hours– Call Monsour. You will be
prompted and connected with the on-call
therapist.

Other resources:

National Suicide Hotline: 1-800-784-2433 (1-800-SUICIDE)

National Hotline: 1-800-273-8255 (1-800-273-TALK)

Didi Hirsch 24 Hour Crisis Line: 1-877-727-4747 (for Spanish 1-800-628-9454)

LGBTQ– The Trevor Lifeline: 1-866-488-7386

Crisis Text Line: Text HELLO to 741-741